

Product Name : **LivGra Fortified Nutritional Beverage**  
Form : **Ready-to-Drink Liquid**  
Serving Size : **2.50 ml**  
Servings Per Container: **250 ml**

## Product Description

LivGra is an advanced nutritional beverage formulated with a blend of traditional botanicals and significant fortification of essential vitamins and minerals. It is designed to provide targeted nutritional support.

## Qualitative & Quantitative Ingredient Composition (Per 2.5ml Serving)

S. No.	Ingredient Name (Common Name)	Source / Part Used	Regulatory Status
1.	<i>Vitis vinifera</i> (Grape)	Fruit Extract	Schedule IV – Plant/Botanical
2.	<i>Berberis aristata</i> (Indian Barberry)	Root Extract	Schedule IV – Ayurvedic Botanical
3.	<i>Mentha spicata</i> (Spearmint)	Leaf Extract	Schedule IV – Plant Extract
4.	<i>Rosa alba</i> (Rose)	Flower Extract	Schedule IV – Flower Extract
5.	<i>Coriandrum sativum</i> (Coriander)	Seed Extract	FSSR – Culinary Herb
6.	<i>Cyperus rotundus</i> (Nut Grass)	Rhizome Extract	Schedule IV – Ayurvedic Herbal Plant
7.	<i>Crocus sativus</i> (Saffron)	Stigma Extract	Schedule IV – Plant/Botanical
8.	<i>Shorea robusta</i> (Sal Tree Resin)	Resin	Schedule IV – Ayurvedic Preparation
9.	Calcium Citrate	Mineral Salt	Schedule VI – Approved Mineral
10.	Marine Calcium (Phylum Cnidaria)	Marine Mineral Source	Schedule VI / Traditional
11.	Ferrous Gluconate	Mineral Salt (Iron Source)	Schedule VI – Approved Mineral

# Product Description

<b>Appearance</b>	A viscous liquid with a deep, opaque burgundy-red to purple hue, characteristic of concentrated grape extract.
<b>Odor</b>	A rich, characteristic aroma dominated by the sweet and fruity scent of grape and honey, with complex underlying herbal and botanical notes from the blend of extracts.
<b>Taste</b>	A pronounced sweet base flavor from the grape and honey, followed by a characteristic herbal note and a slightly tart, tangy finish that balances the sweetness.

## Significant Nutritional Information (Per Serving of 2.5 ml)

### Minerals – RDA Information Table

S. No.	Mineral	RDA (ICMR/FSSAI)	Amount per 100g (from report)	Amount per 2.5 ml serving (approx.)*
1	<i>Magnesium</i>	<i>340mg</i>	<i>55.41mg</i>	<i>1.385mg</i>
2	<i>Potassium</i>	<i>3750mg</i>	<i>460.73mg</i>	<i>11.518mg</i>
3	<i>Iron</i>	<i>17mg</i>	<i>95.64mg</i>	<i>2.391mg</i>
4	<i>Calcium</i>	<i>1000mg</i>	<i>52.83mg</i>	<i>1.321mg</i>
5	<i>Zinc</i>	<i>12mg</i>	<i>4.40mg**</i>	<i>0.11 mg</i>

### Minerals and Macronutrients RDA Table

S. No.	Nutrient / Mineral	RDA (ICMR/FSSAI)	Amount per 100g (from report)	Amount per 2.5 ml serving (approx.)*
1	<i>Protein</i>	<i>54 g</i>	<i>0.68 g</i>	<i>0.017 g</i>
2	<i>Sodium</i>	<i>2000 mg</i>	<i>34.43 mg</i>	<i>0.861 mg</i>
3	<i>Energy</i>	<i>2000 kcal</i>	<i>137.46 kcal</i>	<i>3.437 kcal</i>
4	<i>Carbohydrate</i>	<i>130 g</i>	<i>31.93 g</i>	<i>0.798 g</i>
5	<i>Total Sugar</i>	-	<i>39.02 g</i>	<i>0.976 g</i>
6	<i>Added Sugar</i>	-	<i>19.33 g</i>	<i>0.483 g</i>
7	<i>Total Fat</i>	-	<i>0.78 g</i>	<i>0.020 g</i>
8	<i>Saturated Fat</i>	-	<i>0.582 g</i>	<i>0.015 g</i>
9	<i>Trans Fat</i>	-	<i>&lt;0.10 g</i>	<i>&lt;0.0025 g</i>
10	<i>Cholesterol</i>	<i>300 mg</i>	<i>&lt;1.0 mg</i>	<i>&lt;0.025 mg</i>

# Minerals and Macronutrients RDA Table

S. No.	Vitamin	RDA (per day) – ICMR/FSSAI	Amount per 100g (from report)	Amount per 2.5 ml serving (approx.)*
1	Vitamin C	40 mg	84.07 mg	2.10 mg
2	Vitamin D	5 µg (200 IU)	<10.0 µg	<0.25 µg
3	Vitamin B1 (Thiamine)	1.2 mg	0.005 mg	0.000125 mg
4	Vitamin B2 (Riboflavin)	1.5 mg	0.021 mg	0.000525 mg
5	Vitamin B3 (Niacin)	16 mg	0.380 mg	0.0095 mg
6	Vitamin B5 (Pantothenic Acid)	5 mg	0.041 mg	0.001025 mg
7	Vitamin B6 (Pyridoxine)	2 mg	0.010 mg	0.00025 mg
8	Vitamin B9 (Folic Acid)	200 µg	<0.001 mg (<1 µg)	<0.025 µg
9	Vitamin B12	1 µg	<0.001 mg (<1 µg)	<0.025 µg
10	Vitamin B7 (Biotin)	30 µg	<0.001 mg (<1 µg)	<0.025 µg
11	Vitamin A (as β-Carotene)	800 µg RE	<50.0 µg	<1.25 µg
12	Vitamin E	8 mg α-TE	0.200 mg	0.005 mg
13	Vitamin K	60 µg	<50.0 µg	<1.25 µg

## Directions for Use

Shake well before use. Consume 1 serving (2.5 ml) per day, or as directed by a healthcare practitioner or nutritionist.



## Important Note

This product is high in energy (calories) and carbohydrates. It may be suitable for individuals with high energy requirements or as a meal replacement, but should be consumed with consideration for total daily dietary intake.

## Storage

Store in a cool, dry place. Refrigerate after opening and consume within 60 days.

## Safety Information

This product is not intended to diagnose, treat, cure, or prevent any disease. Due to the high iron content, it is crucial to consult your physician before use, especially for individuals with hemochromatosis or other iron metabolism disorders. The high sodium content should be considered by individuals on sodium-restricted diets. Keep out of reach of children.



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**LivGra**  
Liver Detox Formula